**Healthy Avocado Chicken Salad**

Adapted from [www.familyfreshmeals.com](http://www.familyfreshmeals.com) Check that website out, yummy recipes!

Courtesy of www.turnkeyqualitycars.com

Serves: 4-6 **Angie’s note: Serves more like just 4 people**

Ingredients

2 cups shredded chicken

1 avocado

½ tsp garlic powder

½ tsp salt

½ tsp pepper

2 tsp lime juice

1 tsp fresh cilantro

¼ cup mayo

¼ cup plain Greek Yogurt

¼ cup finely chopped orange bell pepper

¼ cup or less of finely chopped red onion

I used chicken stock to boil the chicken breasts in on top of the stove. About 2 cups.

Instructions

1. Mix all ingredients in a large bowl. Cover and refrigerate for at least 20-30 minutes.
2. Serve on your favorite bread, crackers, pita pocket or on a bed of lettuce.